



**When:**  
**Wednesday,**  
**June 13<sup>th</sup>, 2PM-**  
**3:30PM**

**Where:**  
**479 Torrey St,**  
**Brockton MA**  
**02301**

**'Herb' your**  
**enthusiasm as we**  
**plant a mini garden**  
**you can take home!**  
**You don't need a**  
**green thumb to join!**

**JOIN US AT THE GREATER BROCKTON AREA'S**

# MEMORY CAFÉ

A memory café is a safe and comfortable space where caregivers and their loved ones can socialize and enjoy appropriate activities in the company of others with similar circumstances.

It is a welcoming place for people with forgetfulness or other changes in their thinking and for their family and friends. They provide mutual support, exchange information and a place for caregivers to enjoy activities with their loved ones as a break from the normal routine.

Activities are varied but tend to focus on topics that often cause one to reminisce about times gone by. That "connection" to the past can be as comforting as it is medically beneficial. There's also an emphasis on activities where humor can be a central part of the enjoyment!

Join us for free entertainment, fun conversation and light refreshments every second Wednesday of the month!

Please RSVP at: [ESPInfo@hhsi.us](mailto:ESPInfo@hhsi.us) or call 617-533-2430.

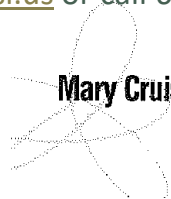


**CONTACT US WITH**  
**ANY QUESTIONS**

617-533-2430  
[ESPInfo@hhsi.us](mailto:ESPInfo@hhsi.us)



**TOWN OF AVON**  
**COUNCIL ON AGING**



Brockton Council on Aging - City of Champions

**Mary Cruise Kennedy Senior Center**

*Thrive!*