

STICK WITH AND SAVE!



SAMPLE WIC PACKAGE

SHOPPING LIST*	AMOUNT	WIC
<i>*lots of food options available</i>		
3 Gallons Milk	\$14.97	FREE
32 oz Chobani Greek Yogurt	\$5.99	FREE
Grade A Large Brown Eggs	\$3.99	FREE
16 oz Mozzarella String Cheese	\$5.49	FREE
2 Bottles 64 oz Langers 100% Juice	\$6.98	FREE
16 oz Nature Promise Peanut Butter	\$4.99	FREE
12 oz Honey Bunches of Oats	\$3.49	FREE
12 oz Multigrain Cheerios Cereal	\$4.49	FREE
12 oz Chex Cereal Cinnamon	\$3.99	FREE
Cash Value for Fruits and Vegetables	\$11.00	FREE
16 oz Whole Wheat Pasta	\$2.99	FREE
16 oz Whole Wheat Bread	\$2.98	FREE
TOTAL	\$71.35	FREE

SAVE MORE WITH WIC!

- *25% Off on Utility Bill (Eversource & National Grid)
- *Free tickets at the Museum of Science
- *\$2.00 per person at the Children's Museum
- *\$5.00 per person at the New England Aquarium
(4 tickets per person with your WIC Card)

We speak: Vietnamese, Chinese, Spanish, Portuguese, Cape Verdean Creole, Haitian Creole, French, Interpreter Services Available



We also have evening and weekend hours for your convenience

*Call us today to schedule an appointment at one of our sites.

South Boston
Mobile Site
617-825-0805

Dot House Health
1353 Dorchester Ave
617-825-0805

Codman Square
637 Washington St.
617-825-3822

Neponset Health Center
398 Neponset Ave
617-265-4380

WALK-INS WELCOME

This institution is an equal opportunity provider.