

State Representative Dan Cullinane, in partnership with the Wellness Collaborative, Inc.

Invite You to Attend



# Aging in the State of Grace: A Community Conversation from the 12th Suffolk District

Saturday, February 22, 2020 \* 12:00 pm - 4:00 pm  
ABCD Mattapan Family Service Center, 535 River Street, Mattapan 02126

### Putting the Pieces Together

What do you need?  
Where do you go?  
When is the right time?  
How do you get/do it?  
Who do you talk to?

### What's In It for You?

Talk to a live person  
Learn about Available Resources  
Sign up for Programs & Services  
Get connected to the right people

Light Refreshments  
Will Be Served

\*\*\*\*\*

Program Starts  
Promptly at 12:30 pm

The purpose of this event is tri-fold: (1) Get the community thinking about what aging looks like for them, both individually and collectively; (2) Provide residents with knowledge, resources and in-person contacts to help them navigate with ease, the many organizations that provide services and; (3) To have a communal conversation to gain a better perspective and understanding of the realities and challenges facing our senior population and those who have taken on the responsibilities of caring for them.

