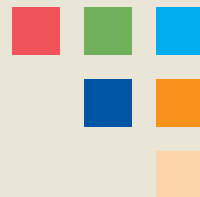




THE FOOD PANTRY
at Harbor Health

2023 IMPACT REPORT

A HARBOR HEALTH PREVENTION SERVICES PROGRAM



FACT:

Getting enough nutritious food is essential to our overall health and well-being.

OUR PURPOSE:

The mission of the Food Pantry at Harbor Health is to make it easier for individuals and families to get the healthy food they need in the communities served by Harbor Health's community health centers and Elder Service Plan.

291,661 lbs.



**of food
distributed to
members of
the community
in need**



FOOD DISTRIBUTION BY LOCATION:

286,137 lbs.

Through weekly hours at 10 Minot Street

5,197 lbs.

Through collaboration with Father's House Ministries, Ramp Church, Hyannis

327 lbs.

Through Harbor Community Health Centers in Plymouth and Hyannis

2023 Locations:

10 Minot Street, Dorchester

Weekly hours every Tuesday, 8:30 am – 3:00 pm

Harbor Community Health Center – Plymouth

Emergency access

Harbor Community Health Center – Hyannis

Emergency access

2023 Collaborations:

Kingdom Church of Cape Cod

Ramp Church, Hyannis

2023 Emergency Distributions:

Plymouth Public Library

Assisted with personal care and menstruation supplies for their food pantry.

Lee Academy Pilot School

Assisted with holiday grocery bags for 15 students and families in need.

Delivery day at Lee Academy! School

social worker Jasmin Torrejon Chu and principal Alexandre Chery (left) welcomed Harbor Health's Amanda Mastrangelo (right) and a special delivery from the Food Pantry @HH.



**The Food Pantry
team packed**

34,406

**bags of food
for clients
in 2023!**



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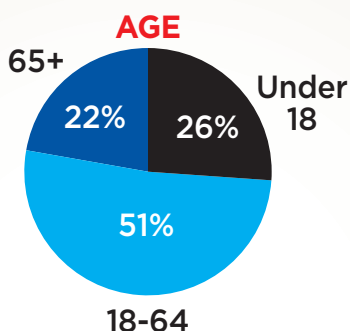
PROGRAM ACHIEVEMENTS

Supported underserved populations through weekly hours at our 10 Minot Street location

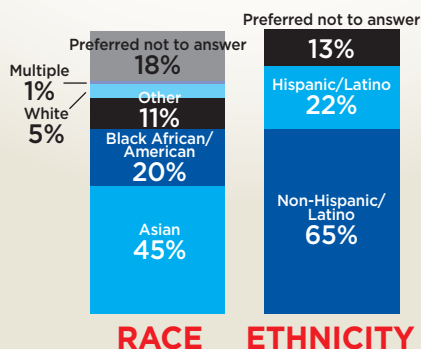
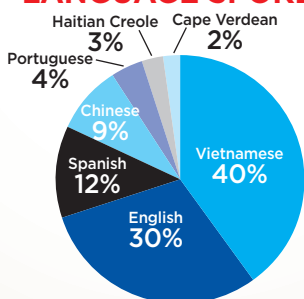
10 MINOT STREET LOCATION CLIENT PROFILE:

1,800

UNIQUE INDIVIDUALS SERVED



LANGUAGE SPOKEN



Assisted clients in more locations and with more needs

- **42** patient families received emergency access to shelf stable food at Harbor Health's community health centers in Plymouth and Hyannis.
- **288** families received gift cards for holiday groceries through the Food Pantry's holiday program.
- **Expanded** consistent offerings of hygiene and household items that are not eligible for purchase with Supplemental Nutrition Assistance Program/SNAP benefits, including baby care and menstruation supplies.

Selected to participate in the Greater Boston Food Bank (GBFB)'s Healthy Pantry Program

The GBFB's **Supporting Wellness at Pantries (SWAP)** color guide ranks foods based on how much sodium, sugar, and additives they contain.

FRUITS & VEGETABLES

195,484
POUNDS
CHOOSE OFTEN

STARCHES

89,617
POUNDS
CHOOSE SOMETIMES

SUGARY PRODUCTS

2,506
POUNDS
CHOOSE RARELY

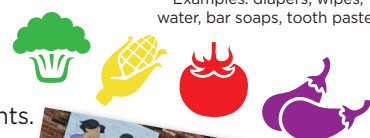
NON-FOOD ITEMS

4,505*
POUNDS

*Examples: diapers, wipes, water, bar soaps, tooth paste

Our SWAP score is currently 99% in green/yellow!

We prioritize ordering fresh produce and healthy shelf-stable food for our clients.



Received amazing support from businesses, foundations, organizations, and individuals

The City of Boston Office of Food Justice sponsored a mural designed and installed by local artist Tran Vu at our 10 Minot Street location.



We are grateful for support from...

The Greater Boston Food Bank

Stop & Shop, Bloomin' For Good

Star Market, Give Back Where It Counts

The City of Boston

Neighborhood Charter School

All-star supporter Edward "Ed" Freschette,
providing regular food donations for 3+ years!

...and the many other individuals who donated money, food, and volunteer time in 2023. **THANK YOU!**