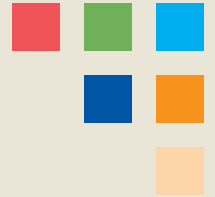




2024 IMPACT REPORT

A HARBOR HEALTH PREVENTION SERVICES PROGRAM



THE FOOD PANTRY at Harbor Health

FACTS:

Getting enough nutritious food is essential to our overall health and well-being.

1 in 3 Massachusetts adults reported household food insecurity.¹

OUR PURPOSE:

The mission of the Food Pantry at Harbor Health is to make it easier for individuals and families to get the healthy food they need in the communities served by Harbor Health's community health centers and Elder Service Plan.

305,428 lbs.



5% increase from 2023

of food
distributed to
members of
the community
in need



FOOD DISTRIBUTION BY LOCATION:

302,562 lbs.

Through weekly hours at 10 Minot Street

2,377 lbs.

Through collaboration with
community organizations

489 lbs.

Through Harbor Community Health Centers
in Plymouth and Hyannis

Our Locations:

10 Minot Street, Dorchester

Weekly hours every Tuesday, 8:30 am – 3:00 pm

Harbor Community Health Center – Plymouth

Emergency access

Harbor Community Health Center – Hyannis

Emergency access

Our Community Collaborations:

Bauer House, Quincy

Kingdom Church of Cape Cod/Ramp Church, Hyannis

Neighborhood Food Action Collaborative, Dorchester

Rainbow Adult Day Center, Dorchester

Town Brook House, Quincy



**17% increase
from 2023**

The Food Pantry
team with the help
of volunteers packed

40,307

bags of food
for clients
in 2024!

Holiday Food Program

The Food Pantry team distributed **300** Holiday Grocery Bags to people in need in Boston, Plymouth, and Hyannis in November!



Thanks to...

- ♥ Donations of food from the Greater Boston Food Bank, local businesses, and individuals
- ♥ Donations of time from Harbor staff to pack bags

¹The Greater Boston Food Bank.



THE FOOD PANTRY
at Harbor Health

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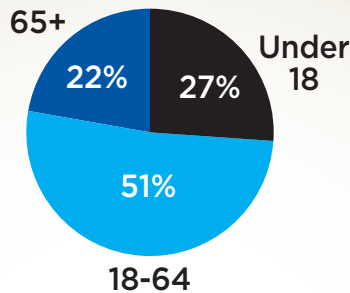
OUR MISSION IN ACTION

CLIENT PROFILE: Location: 10 Minot Street

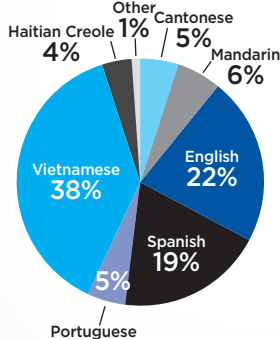
2,228

UNIQUE INDIVIDUALS SERVED

AGE

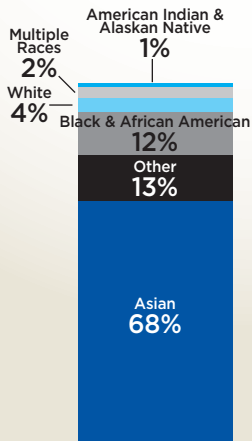


LANGUAGES SPOKEN



56%

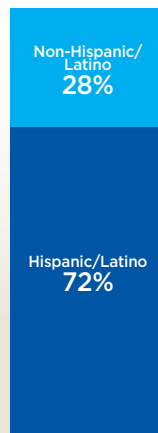
% OF CLIENTS
HAVE SNAP



RACE*

*Among respondents who answered

ETHNICITY*



Greater Boston Food Bank (GBFB)'s Healthy Pantry Program

The GBFB's **Supporting Wellness at Pantries (SWAP)** color guide ranks foods based on how much sodium, sugar, and additives they contain.

FRUITS & VEGETABLES

198,108
POUNDS
CHOOSE OFTEN

STARCHES

82,662
POUNDS
CHOOSE SOMETIMES

SUGARY PRODUCTS

751
POUNDS
CHOOSE RARELY



**Our SWAP score is
currently 99% in green/yellow!**

We prioritize ordering fresh produce
and healthy shelf-stable food for our clients.



We are grateful for the support from....

The Greater Boston Food Bank

Direct Relief

Edward "Ed" Freschette

Neighborhood Produce

Property Cape Cod Real Estate

Rockland Trust | 305 Talbot Avenue, Dorchester Branch

St. Brendan's Elementary School

Star Market | Give Back Where It Counts

Stop & Shop | Bloomin' For Good

Stop & Shop | 545 Freeport Avenue Store

TJX Foundation

United Way

Work Inc.

...and the many Harbor Health employees and
individuals who donated money, food, supplies,
and volunteer time in 2024! THANK YOU!



Jordan, the store manager,
Freeport Ave, Dorchester,
Stop & Shop



Kora Mosley, banker, and
Heather Gray, vice president/branch
manager, Rockland Trust

For more information on ways you can support the Food Pantry at Harbor Health, please visit HHSI.US/FoodPantry